

Reentry Programs

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Reentry Supplemental Programs

Program: Go Further (Only offered at Private Prisons)

Purpose: Go further is a process-based curriculum that consists of three core components: Culture, Community Engagement, and Curriculum. Developed in collaboration with *The Change Company*, the three journal curriculum utilizes the practice and evidence-based method of interactive journaling and group facilitation. The interactive format encourages participants to think and write about their own reasons for change and provides skill-building around core cognitive-behavioral aspects of change.

Domain(s): Criminal Attitudes & Behavior Patterns; Family; Peer Association

Duration: 34 Sessions

Program: Moral Reconciliation Therapy (MRT)

Purpose: MRT is a cognitive-behavioral treatment strategy delivered in a group format designed to enhance self-image, promote positive self-identity, and raise moral reasoning levels from a pleasure/pain orientation to law abiding and concern for others.

Domain(s): Criminal History; Family & Social Support; Peer Associations

Duration: 24 sessions

Program: New Directions

Purpose: New Directions is a cognitive behavioral change program recommended for inmates in their first transition from open society in the prison environment. Individuals are helped to understand how and why they think the way they do, learn to assimilate the cognitive skills to positively change their mindset. In addressing former ways of thinking, the program is designed to provide skills and tools for lasting positive change in an attempt to improve their future.

Domain(s): Criminal Attitudes & Behavior Patterns

Duration: 13 sessions

Program: Prison Fellowship Academy

Purpose: Prison Fellowship Academy is a Christian-based program designed to engage and education participants utilizing interactive journaling and life skills to move the participant from conflict living into a pro-social mindset and lifestyle.

Domain(s): Criminal Attitudes & Behavior Patterns; Family; Peer Associations

Duration: One year/200 hour commitment

Program: STEPS

Purpose: STEPS is a cognitive behavior change program recommended for inmates in their transition from the prison environment back to open society. This program provides the mindset shift tools required so the inmate successfully navigates the outside world. The job-search and job-maintenance component assists with meaningful work to do.

Domain(s): Criminal Attitudes & Behavior Patterns; Employment

Duration: 15 sessions

Program: The Only Person You Cheat is You (TOPUCU)

Purpose: TOPUCU focuses on the behavioral impact of thinking errors and habits. The curriculum focuses on teaching what a habit is and how it can be changed. Participants demonstrate and practice real-world examples to understand how they apply, work, and why it is important to develop habits in this manner.

Domain(s): Criminal History

Duration: 8 sessions