

Reentry Programs

Updated: 1/1/22

Reentry Approved Programs

Program: Anger Control

Purpose: Anger Control is designed to teach participants a prosocial way to manage their anger. The goals are to increase self-control and decrease or manage anger and aggression. Objectives include: teaching participants a prosocial chain of responses to anger; identification of triggers and cues; ways to manage emotions; positive self-talk statements; evaluation of their use of the chain.

Duration: 10 Sessions and individual progress

Domain: Criminal Attitudes & Behavior Patterns

Program: CBI Employment

Purpose: Designed for court-involved individuals who are moderate to high need in the area of employment. The program is a cognitive behavioral approach to teach participants strategies for identifying and managing high-risk situations related to obtaining and maintaining employment. The program places heavy emphasis on skill-building activities to assist with cognitive, social, emotional, and coping skill development for the work environment.

Duration: 31 Sessions

Domain: Education/Employment

Program: Decision Points

Purpose: Decision Points is an open-approach, cognitive behavioral program that allows for participants to enter and exit based on individual practice, role play, attendance, and proficiency of all steps. This is a competency-based program with an individualized approach to changing behavior.

Duration: minimum 5 weeks + proficiency of all steps

Domain: Criminal Attitudes & Behavior Patterns

Program: Inside Out Dad

Purpose: Inside out Dad is a program of the National Fatherhood Initiative (NFI). The program addresses the need among corrections-related organizations and agencies for an evidence-based parenting and reentry program designed specifically for incarcerated fathers that corrections and organizations that partner with correctional facilities can add to their line of cognitive-behavioral interventions. The program helps these entities to develop effective, nurturing fathers and to increase the chance that fathers who will be released from incarceration will successfully reentry the lives of the their family and community.

Duration: 12 core sessions and 6 optional sessions for reentry

Domain: Family; Financial; Criminal Attitudes & Behavior Patterns

Program: Money Smart

Purpose: The Money Smart program was created by the F.D.I.C. to teach people how to manage their finances and balance household responsibilities. Participants learn how internal and external influences affect their financial decisions. The curriculum also teaches participants how to save, spend, borrow, manage debt, invest, and prepare for financial emergencies to create greater financial stability.

Domain(s): Financial, Family, Criminal Thinking & Behavior Patterns

Duration: 14 sessions

Program: Nurturing Fathers for Life

Purpose: The Nurturing Father's program was created to cultivate and support the attitudes and skills for male nurturance to benefit men, women and children in family relationships. The program is designed to provide fathers with experiences that allow new cognitive and affective responses providing the opportunity to change parenting attitudes and behaviors.

Domain(s): Family, Peer Associations, Substance Abuse

Duration: 12 sessions

Program: Personal Responsibility of Violence Elimination (P.R.O.V.E.)

Purpose: The P.R.O.V.E. program was created to increase the safety and security of victims exposed and impacted by intimate partner violence. The program strives to hold batterer's accountable for their choices and to support the offenders in their efforts to become non-violent.

Domain(s): Family

Duration: 18 Sessions

Program: Structured Skills Group

Purpose: Structured Skills Group is designed to help offenders "unlearn" old, risky behaviors and learn new behaviors that can help them make prosocial choices and achieve their goals. The purpose of the group is to teach social skills such as: responding to criticism, dealing with an accusation, and conflict resolution.

Domains: Criminal Thinking & Behavior Patterns

Duration: Minimum 5 weeks + individual progress + required dosage hours

Program: Thinking For A Change

Purpose: The Thinking For A Change program is an integrated cognitive behavioral change program designed as a problem solving program by using cognitive restructuring and social skills intervention.

Domains: Criminal Thinking & Behavior Patterns

Duration: 25 sessions

Program: Victim Awareness

Purpose: The Victim Awareness program is designed to increase an offender's understanding of the effects of crime on victims and communities and increase empathy for those impacted by crime. The curriculum provides an opportunity for participants to examine various crimes, the dynamics of each of those crimes, and the effect the crime can have on victims. This program presents the impact of crime from the view of crime victims.

Domains: Criminal Attitudes & Behavior Patterns

Duration: 13 sessions