

**REQUEST FOR INFORMATION (RFI)**

**DRCI-17-2271**

***Food Waste Reduction Technologies***

**RESPONSE DEADLINE:**

RFI responses are due by to Noon, Local Time on  
Monday, January 8, 2016

**ADDRESS FOR RFI RESPONSES:**

Ohio Department of Rehabilitation & Correction (ODRC)  
Attn: Yolanda Cooks, Project Manager 1  
Office of Acquisitions and Contract Compliance  
770 West Broad Street  
Columbus, Oh 43222

## **TABLE OF CONTENTS**

- Section One: Executive Summary
- Section Two: RFI Timelines and Requirements
- Attachment One: Summary of Institutional Food Waste
- Attachment Two: Institution Sample Menu

# ***Food Waste Reduction Technologies***

DRCI-17-2271  
Date December 19, 2016  
Page 3

## **Section One: Executive Summary**

The Ohio Department of Rehabilitation and Correction, (ODRC) requests your response for information pertaining to technologies (i.e. pulpers) available to reduce food waste by volume, weight, and water content.

The primary intent of this document is to collect information about the variety of technologies available to grind and dehydrate food waste, thereby reducing the organic waste sent on to composting facilities or landfills. Responses to the RFI may assist in the development of a Request for Proposal (RFP) for appropriate food waste reduction technologies.

NOTE: A response to this RFI does NOT constitute a bid. However, information provided as a response to this RFI document may be used by the State of Ohio for further bidding opportunities and will ensure inclusion in any further bid opportunities. Information provided in response to the RFI will not become public record until after the official awarding of the RFP.

## **Section Two: RFI Timelines and Requirements**

ODRC is interested in technologies to reduce food waste volume, weight, and water content at a number of institutions. Currently, these institutions are sending all food waste to a compost or landfill site. Other ODRC institutions have been able to implement pulper technologies to successfully reduce food waste volume as well as costs associated with transporting food waste to compost or landfill sites.

Based on experience with food pulpers currently in use at ODRC institutions, we are aware that our food waste tends to be slightly different than other traditional dining settings. This is likely due to the exclusion of some common items typically in food waste: no napkins, minimal grease, milk served in wax-coated cartons, no bones. A sample menu is also provided as an attachment.

All submissions should include the criteria below. Please take notice of the attached documentation regarding food waste audits at the institutions.

1. Describe the technology you recommend based on information provided in the attached documents.
2. Complete table based on initial range of values for daily waste.

## *Food Waste Reduction Technologies*

DRCI-17-2271  
Date December 19, 2016  
Page 4

Initial Waste (lbs)	Suggested Technology	Reduction% (Tech efficiency)	Waste Reduction (Initial x Reduction %)	Annual Tons Reduction (x 365/2000)	x\$40/ton (Landfill Cost)	Technology Cost	Payback Period (Tech cost/Annual Landfill Cost)
75							
250							
500							
1000							
1500							
2000							
3000							

3. What is the maximum operating capacity of the technology (pounds of waste)?
4. How many hours per day is the equipment designed to be operated?
5. Describe the utility usage required to operate the technology and necessary run time to process the given food waste capacities. In other words, how long would it take the technology to process this much waste and how much energy and water would be used?
6. Describe the infrastructure (i.e. electrical outlet, drain, etc.) and physical space requirements needed for the technology.
7. Describe the typical maintenance required for initial set up of technology and for repairs.
8. What are the warranty options available for this technology?
9. What is the sample cost of the technology including installation and yearly maintenance and operation?
10. Is there a possibility for discount if more than one unit is purchased? If so, please provide discount details and sample costs.
11. Has this technology been installed in other correctional facilities? If so, where?
12. Has this technology been installed anywhere else in Ohio? If so, where?
13. Is there anything else we should know about your technology?

# Food Waste Reduction Technologies

DRCI-17-2271  
Date December 19, 2016  
Page 5

## FALL WINTER MEN'S MENU WEEK 1

10/24/2016 INSTITUTION: MANAGER:

Week Begin on: October 30, 2016

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
B	1 C Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch	1 C Fortified Orange Punch
R	1 C Corn Flakes Cereal	2 ea Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits	1 C Corn Grits
E	2 ea Scrambled Eggs	3/4 C Bakery Biscuit (1/54)	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham	16 sc Scrambled Egg w/ T Ham
A	1 ea Strawberry Coffee (1/54)	100sc Margarine	2 ea Flour Tortilla	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)	2 ea White Bread (R, LP)
K	1 ea Milk, Nonfat	2 C Milk, Nonfat	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)	2 ea Salsa (No R, LP)
A	2 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee	1 C Coffee
S	1 C Sweetener	2 pkt Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener	1 C Sweetener
T	2 pkt Sweetener	1 C Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener	2 pkt Sweetener
L	4 ozw Seasoned Turkey Patty	1 ea Whole Grain T. Sausage & Cheese Pizza	1 ea Smoked Turkey Sausage	1 ea Turkey Fry (R, LP)	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese	1 ea Beef Mac & Cheese
U	1 ea Oat Burger	1 ea Vegetarian Pizza	1 ea Black Bean Burger	1 ea Soy & Macaroni Casserole	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans	1 ea Green Beans
N	3/4 C Rice	1 C Noodles w/ Tomato Sauce	1 C BBO Pinto Beans	3/4 C Green Beans	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana	3/4 C Banana
C	3/4 C Pinto Beans	DIET Plain Noodles (R, LP)	DIET Parsley Noodles (R, LP)	DIET Carbage	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread	DIET White Bread
H	3/4 C Colelaw	3/4 C Green Beans	3/4 C Applesauce	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread	2 sl White Bread
D	1 ea Banana	1 ea Cake w/ Icing (1/54)	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard	1 ea Mustard
E	60 sc White Bread	1 cut	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard	60 sc Mustard
W	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water
D	3/4 C Italian Meat Sauce	4 ozw Turkey Ham	3/4 C Turkey Fajitas	DIET Turkey Fry (R, LP)	DIET Chicken Casserole	DIET Beef Spanish Rice	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce	3/4 C Soy Italian/ Tomato Sauce
I	DIET Hamburger (R, LP)	DIET Chicken Breast (R, LP)	DIET Turkey Fajitas	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)	DIET Chicken Breast (R, LP)
N	3/4 C Soy Italian/ Tomato Sauce	1 ea BBO Bean Patty	3/4 C Vegetarian Fajitas	1 ea Oat Burger	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes	1 C Hash Brown Potatoes
I	1 C Rollin Pasta	1 C Cajun Potatoes	DIET Rice (R, LP)	DIET Shredded Lettuce	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots
N	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots	3/4 C Carrots
E	1 ea Warm Cinnamon Apples	1 ea Orange	1 ea Salsa (No R, LP)	1 ea Flour Tortilla	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread	1 ea White Bread
R	2 sl Garlic Margarine	2 sl Margarine	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple	2 sl Pineapple
F	100sc Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water
A	4 ozw T. Bologna	4 ozw T. Salmi	4 sl Peanut Butter	4 sl Jelly	4 ozw T. Ham	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna	4 ozw T. Bologna
S	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread
A	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard
C	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit
K	3/4 C Garden Salad	3/4 C Colelaw	3/4 C Carrot/ Celery Sticks	3/4 C Ranch Dressing	3/4 C Fresh Fruit	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad	3/4 C Garden Salad
M	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing
E	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)
A	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)
L	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water	Water

\* Retail & Low Protein Diet fruit substitutions: Apple (fresh, sliced, cinnamon), applesauce, canned peaches, canned pineapple, fruit cocktail. PB is the veg alternate upon request at Bkfst. #16 sc for Bkfst Gravy; #20 sc for...

*Michelle Tadmor RD  
10/24/16*

# Food Waste Reduction Technologies

DRCI-17-2271  
Date December 19, 2016  
Page 6

10/24/2016

INSTITUTION:

## FALL WINTER MEN'S MENU WEEK 2

MANAGER:

Week Begin on: November 6, 2016

Revised Diet Jolly and Diet Syrup are available upon request.  
If institutions are unable to serve 2 fl. oz. pour pancakes due to operational limitations, 1/54 cut is also appropriate to serve.  
Highlighted items are to be served to inmates with approved Diet Cards. Reference Diet Spread Sheets for all diet and portion size information.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A	1 ea Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch
B	1 C Corn Flakes Cereal	1 C Corn Grits	1 C Toasted Oats (R.L.P.)	1 C Oatmeal	1 C Cheesy Corn Grits	1 C Toasted Oats	1 C Oatmeal
C	2 ea Scrambled Eggs	2 ea Bakery Biscuit (1/54)	16 sc Scrambled Egg w/ T.Ham & Cheese (2 oz T.Ham)	2 ea Hand Baked Egg	2 ea Hand Baked Egg	2 ea Pancakes (1/54)	16 sc Scrambled Eggs (R.L.P.)
D	1 ea Shrewsl Coffee Cake (1/54)	100sc Margarine	2 ea Scrambled Egg (R.L.P.)	2 ea Wheat Bread	100sc Wheat Bread (R.L.P.)	100sc Margarine	16 sc Scrambled Eggs (R.L.P.)
E	2 C Milk, Nonfat	2 C Milk, Nonfat	2 ea White Bread (R.L.P.)	2 ea Wheat Bread	16 sc Margarine	2 ea Milk, Nonfat	2 ea Hard Baked Egg (R.L.P. MS)
F	1 C Coffee	1 C Coffee	2 C Salsa (No R.L.P.)	1 C Milk, Nonfat	2 C Milk, Nonfat	1 C Coffee	2 C Milk, Nonfat
G	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener
H	1 C Beef Macaroni Casserole	4 ozw Oven Baked Fish Patty	1 C Turkey, Fric, Broccoli, Cheese	4 ozw Hamburger	1 ea Whole Grain T. Sausage & Cheese Pizza	4 ozw Seasoned Turkey Patty	4 ozw Crispy Chicken Patty
I	DIET Renal Beef Mac (R.L.P.)	OR Soy & Macaroni Casserole	DIET Renal Beef Rice (R.L.P.)	OR Soy Rice Casserole	1 ea Beef Bean Burger	OR Oat Burger	DIET Chicken Breast (R.L.P.)
J	1 C Soy & Macaroni Casserole	1 C Cajun Potatoes	1 C Soy Rice Casserole	1 C Heathorn Potatoes	1 ea Vegetarian Pizza	1 ea Rice	1 ea BBO Bean Patty
K	3/4 C Green Beans	3/4 C Rice (R.L.P.)	1 C Pinto Beans	DIET Parsley Noodles (R.L.P.)	1 C Noodles w/ Tomato Sauce	1 C Peas	DIET Rice (R.L.P.)
L	2 sl White Bread	3/4 C Vegetable Blend	DIET Cabbage	DIET Cabbage	3/4 C Vegetable Blend	3/4 C Applesauce	3/4 C Vegetable Blend
M	1 ea Banana	1 ea Orange	1 ea Canned Peas in Juice	1 ea Banana	1 ea Banana	60 sc Ketchup	2 sl White Bread
N	100 sc Chocolate Cake w/ Powder Sugar Topping (1/54)	2 sl Tartar Sauce	100 sc Margarine	2 sl Ketchup	1 ea Cake w/ Icing (1/54)	2 sl White Bread	60 sc Wasm Cinnamon Apples
O	Water	Water	Water	Water	Water	Water	Water
P	1 C Chili Con Carne	1 C Turkey Ham & Navy Beans	3/4 C Beef Burrito Filling	1 C Turkey Fried Rice	1 C Turkey Ham T. Sausage & Cheese Pizza	1 C Seasoned Turkey Patty	1 C Crispy Chicken Patty
Q	DIET Hamburger (R.L.P.)	OR Vegetarian Chili	DIET Hamburger (R.L.P.)	OR Vegetarian Taco Filling	DIET Chicken Breast (R.L.P.)	OR Oat Burger	DIET Chicken Breast (R.L.P.)
R	1 C Vegetarian Chili	1 ea Oat Burger	3/4 C Vegetarian Taco Filling	1 C Soy Rice Casserole	1 C Chicken Breast (R.L.P.)	1 C Oat Burger	1 C Crispy Chicken Patty
S	1 ea Baked Potato	1 C Rice	1 C Spanish Rice	3/4 C Warm Cinnamon Apples	1 C Carnit	1 C Carnit	1 C Refined Pinto Beans
T	3/4 C Rice (R.L.P.)	3/4 C Peas & Carrots	DIET Rice (R.L.P.)	3/4 C White Bread	3/4 C Warm Cinnamon Apples	3/4 C Garden Salad	DIET Rice (R.L.P.)
U	16 sc Cheese Sauce (No R.L.P. V)	1/2 C Warm Cinnamon Apples	3/4 C Shredded Lettuce	100 sc Margarine	3/4 C White Bread	30 sc Scratch Italian Dressing	3/4 C Green Beans
V	2 sl White Bread	2 sl Margarine	2 ea Flour Tortilla (6 in)	1 ea Fudge Brownie (1/54)	1 ea Orange	1 ea Orange	1 ea Orange
W	100sc Diced Apples	100 sc	DIET Salsa (No R.L.P.)	100 sc	100 sc	100 sc	2 sl White Bread
X	Water	Water	Water	Water	Water	Water	Margarine
Y	4 ozw T. Bogana	4 sl White Bread	4 T Peanut Butter	4 ozw Jelly	4 ozw T. Ham	4 ozw T. Ham	4 ozw T. Salmon
Z	2 ea Mustard	2 ea Mustard	4 sl White Bread	2 ea Mustard	2 ea Mustard	2 ea Mustard	4 sl White Bread
AA	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Carrot/ Celery Sticks	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Fresh Fruit
AB	3/4 C Garden Salad	3/4 C Coleslaw	3/4 C Ranch Dressing	3/4 C Ranch Dressing	3/4 C Ranch Dressing	3/4 C Ranch Dressing	3/4 C Garden Salad
AC	30 sc Ranch Dressing	30 sc	30 sc	30 sc	30 sc	30 sc	30 sc
AD	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)

Renal & Low Protein Diet fruit substitutions: Apple (fresh, dried, cinnamon), applesauce, canned peaches, canned pineapples, fruit cocktail.

Peanut Butter is the vegetarian alternate upon request at Breakfast #16 sc for Breakfast Gravy; #30 sc for eggs.

*Michelle Tatum BDD*  
10/24/16

# Food Waste Reduction Technologies

DRCI-17-2271  
Date December 19, 2016  
Page 7

## FALL WINTER MEN'S MENU WEEK 3

MANAGER:

Week Begin on: November 13, 2016

INSTITUTION:

10/24/2016

Revised Diet, Jelly and Diet Syrup are available upon request.  
If substitutions are unable to serve 2 fl. oz. pour pancakes due to operational limitations, 1/4 cut is also appropriate to serve.  
Highlighted items are to be served to inmates with approved Diet Cards. Reference Diet Spread Sheets for all diet and portion size information.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B	1 C Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch	1 C Oatmeal	1 C Fortified Orange Punch	1 C Fortified Fruit Punch	1 C Fortified Orange Punch
R	1 C Corn Flakes Cereal	1 C Corn Grits	1 C Toasted Oats (R,LP)	1 C Oatmeal	1 C Cheesy Corn Grits	1 C Toasted Oats	1 C Oatmeal
E	2 ea Scrambled Eggs	16 sc Bakery Biscuit (1/54)	16 sc Scrambled Egg w/ r Ham	16 sc Peanut Butter	2 ea Corn Grits (R,LP)	2 ea Pancakes (2 fl. Oz. Flour)	16 sc Peanut Butter
A	1/2 C Strawberry Coffee Cake (1/54)	100sc Margarine	DIET Scrambled Egg (R,LP)	DIET Hard Boiled Egg (R,LP, MS)	2 ea Hard Boiled Egg	DIET Scrambled Eggs (R,LP)	DIET Hard Boiled Egg (R,LP, MS)
K	1 ea Milk, Nonfat	2 C Milk, Nonfat	2 ea Flour Tonia	DIET Wheat Bread	2 ea Wheat Bread	DIET Syrup	DIET Wheat Bread
F	2 C Coffee	1 C Coffee	DIET Salsa (No R,LP)	DIET Milk, Nonfat	2 C Milk, Nonfat	2 C Milk, Nonfat	DIET Milk, Nonfat
A	1 C Sweetener	2 C Sweetener	2 C Milk, Nonfat	2 C Coffee	2 C Coffee	1 C Coffee	2 C Milk, Nonfat
S	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 C Sweetener	2 pk Sweetener	1 C Sweetener
T	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 pk Sweetener	2 C Sweetener	2 pk Sweetener	2 pk Sweetener
4 ozw	Oven Baked Fish Patty	Turkey Bologna	Turkey Hot Dogs	Hamburger	Beef Stroganoff	Crispy Chicken Patty	Beef Texas Hash
3/4 C	OR Soy Giuseppe	OR Chicken Breast (R,LP)	OR Turkey Patty (R,LP)	OR Black Bean Burger	OR BBQ Bean Burger	OR Chicken Breast (R,LP)	OR Ranch Beef Rice (R,LP)
1 C	Margarine & Cheese	1 ea Soy Patty (Cold)	1 ea Oat Burger	1 C BBQ Pinto Beans	1 C Pasta (R,LP)	1 ea Vegetable Noodles	1 C Pinto Beans
N	DIET Noodles(R,LP)	DIET Parsley/Noodles (R,LP)	DIET Corny Pinto Beans	DIET Coleslaw	DIET Green beans	DIET Orange	DIET Parsley/Noodles (R,LP)
C	3/4 C Carrots	3/4 C Vegetable Bread	3/4 C Baked (R,LP)	3/4 C Applesauce	3/4 C White Bread	3/4 C Warm (Cauliflower Broccoli)	3/4 C Cabbage
H	1 ea Orange	2 sl White Bread	1/2 C Diced Apples	2 sl White Bread	2 ea White Bread	1/2 C Warm Cinnamon Apples	2 sl White Bread
2 sl	Tartar Sauce	Mustard	White Bread	DIET Ketchup	2 ozw. Peanut Butter Cookie	2 sl Mustard	1/2 C Applesauce
60 sc	White Bread (R,LP)	Banana	Ketchup	1 ea	1 ea	1 ea	1 ea Fudge Brownie (1/54)
DIET	Water	Water	Water	Water	Water	Water	Margarine
1 C	Chili Con Carne	Beef Burrito Filling	Beef Ziti	Turkey, Rice, Broccoli, Cheese	Seasoned Turkey Patty	Turkey Fried Rice	Water
DIET	Hamburger (R,LP)	Hamburger	Ranch Beef Mac (R,LP)	OR Ranch Beef Rice (R,LP)	OR BBQ Bean Patty	OR Soy Rice Casserole	OR Cunchy County Patty
D	OR Vegetarian Chili	OR Vegetarian Taco Filing	OR Spanish Rice	OR Soy Rice Casserole	OR Cajun Potatoes	OR Soy Rice Casserole	OR Pinto Beans
I	1 C Baked Potato	1 C Spanish Rice	3/4 C Rice (R,LP)	1 C Vegetable Blend	1 C Rice (R,LP)	1 C Carrots	1 C Rice
N	1 ea Parsley/Noodles (R,LP)	DIET Sliced Lettuce	3/4 C Pasta, Carrots	DIET Pasta, Carrots	3/4 C Pasta, Carrots	3/4 C Banana	1 C Gavy (No R,LP,V)
E	3/4 C Broccoli	3/4 C Salsa (No R,LP)	3/4 C Ranch Dressing	3/4 C Garden Salad	3/4 C Garden Salad	1 ea White Bread	3/4 C Pasta & Carrots
R	16 sc Cheese Sauce (No R,LP,V)	16 sc Warm Cinnamon Apples	30 sc Margarine	30 sc Margarine	2 sl Diced Apples	2 sl French Dressing	2 sl White Bread
1 ea	Banana	Flour Tonia	100 sc Peaches, Canned In Juice	100 sc Margarine	100 sc Margarine	100 sc Margarine	2 sl White Bread
2 sl	White Bread	White Bread	Water	Water	Water	Water	Orange
DIET	Water	Water	Water	Water	Water	Water	Water
S	4 ozw T. Bologna	4 ozw T. Salsani	4 T Peanut Butter	4 ozw T. Ham	4 ozw T. Bologna	4 ozw T. Ham	4 ozw T. Salsani
A	4 sl White Bread	4 sl White Bread	4 sl Jelly	4 sl White Bread	4 sl White Bread	4 sl White Bread	4 sl White Bread
C	2 ea Mustard	2 ea Mustard	2 ea White Bread	2 ea Mustard	2 ea Mustard	2 ea Mustard	2 ea Mustard
K	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Carrot/ Celery Sticks	1 ea Fresh Fruit	1 ea Fresh Fruit	1 ea Carrot/ Celery Sticks	1 ea Fresh Fruit
M	3/4 C Garden Salad	3/4 C Coleslaw	3/4 C Ranch Dressing	3/4 C Ranch Dressing	3/4 C Garden Salad	3/4 C Ranch Dressing	3/4 C Garden Salad
E	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing	30 sc Ranch Dressing
A	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)	1 ea Cookie Bar (1/54)
L	1 ea Water	1 ea Water	1 ea Water	1 ea Water	1 ea Water	1 ea Water	1 ea Water

\* Renal & Low Protein Diet fruit substitutions: Apple (fresh, dried, cinnamon), applesauce, canned peaches, canned pineapple, fruit cocktail.  
Peanut Butter is the veg alternate upon request at Breakfast. #16 sc for Breakfast Gavy, #30 sc for eggs.

*Mickelle Tatum RDS*  
10/24/16